

## ABOUT US

Noble Park Community Centre is a community organisation based in the suburb of Noble Park, approximately 26 km south east of Melbourne, Victoria. Committed to the principles of

community development including equity, equality, participation and collaboration, Noble Park Community Centre is run by the community for the community.

Noble Park Community Centre celebrates diversity by providing an inclusive and welcoming environment where members and supporters can meet, socialise and learn. A broad range of classes and programs are offered empowering participants to explore new skills and gain confidence in all areas of life.

## NOBLE PARK COMMUNITY CENTRE TERM 1 EVENTS

**22nd FEBRUARY**

**10:30am-11:30am**

Home Grown Food Swap

**1st MARCH**

**10:30am-11:30am**

Autumn Planting Information

**22nd MARCH**

**10:30-11:30am**

Home Grown Swap

**11th APRIL**

**10:30am-1:30pm**

Kids Fun Day



## 2019 NOBLE PARK COMMUNITY CENTRE ART SHOW

**Open 1st Prize: \$500**

**Junior 1st Prize: \$150**

We invite novice and accomplished artists to enter their work for exhibition, and the chance to win a prize.

We also invite local schools, aged care facilities, and all ability facilities to enter the show.

**Dates:** October 19th & 20th

**Time:** 10am-4pm

*Keep up to date with the latest news on the Art Show:*



facebook.com/  
nobleparkcommunitycentreatshow



@npcc\_artshow



**NOBLE PARK**  
COMMUNITY CENTRE

## Courses & Activities

## Term 1 2019

Ross Reserve, Memorial Drive  
Noble Park VIC 3174

**T:** 03 9547 5801

**E:** info@nobleparkcommunitycentre.org.au

**W:** www.nobleparkcommunitycentre.org.au

**Office Hours:**

Monday-Friday, 9.00am-3.30pm

**ABN:** 91 456 978 047



facebook.com/NobleParkCommunityCentre



@nobleparkcommunitycentre

## CLASSES & PROGRAMS

### Badminton

Social group for beginners to advanced. Ages 15+.

**When:** Mondays 7:30pm-10:00pm **Cost:** \$5.00 per session

### Book Cupboard

Open to everyone when the Centre is open. You may bring along a book in a good and clean condition, and swap it for one in the book exchange cupboard in the foyer. Or feel free to take one to keep.

### Drop in Basketball

For older youths & adults

**When:** Mondays 4:30pm-7:00pm **Cost:** Free

### Japan Karate Association

Learn from Australia's champion karate instructors in these classes for all ages.

**When:** Wednesdays 7pm-8pm, Fridays 6pm-8pm

For more information contact Nuri 0409 945 418 or Eddie 0421 672 478 at JKA directly.

### Keyzpark Calisthenics Club

Calisthenics is confidence, friendship, fun and fitness.

Ages 3+. For further information contact

keyzparkcc@gmail.com or visit [www.keyzpark.com](http://www.keyzpark.com)

### Meditation

This term based, 12 week course provides participants with self-knowledge and tools which encourage health and well being. Learn meditation techniques as well as the theory of mediation. Enrolments required by 3rd week of Term, 20th Feb.

**When:** Wednesdays 7:00pm - 8:30pm

**Cost:** \$2.00 per class

### Noble Park Community Centre Garden Club

The Garden Club meets weekly and has a range of activities from garden shows, garden planning, and special gardening workshops. New Members are always welcome, contact the centre to join.

**When:** Fridays 9:00am-11:00am

### Ramblers Walking Group

Friendly social group that meet at the Community Centre weekly to walk around the local area. Excursions are organised for last Tuesday of the month to different

## CLASSES & PROGRAMS CONT.

locations.

**When:** Tuesdays 9:00am-11:00am

**Cost:** \$5.00 per year and approx. \$15.00 per bus trip.

### Springvale Literacy Centre English

#### **Learning English as a Second Language Levels 1-3**

Improve your spoken and written English for people with English as a second language. Accredited Beginner, Intermediate and Advanced Level - Classes held at Springvale, Noble Park and Dandenong on weekdays. Please phone Springvale Literacy Centre on 9574 6399 for more information.

### Tai Chi

Uninstructed practice sessions for those with previous Tai Chi experience.

**When:** Fridays 9:30am -10:30am **Cost:** \$3.00 per session

### Yoga

Yoga for all age groups and abilities. Mats provided.

**When:**

Tuesdays with Nadira 9:30am - 10:30am

Tuesdays with Wendy 1:00pm - 2:00pm

Thursdays with Laura 9:30am - 10:30am

Thursdays with Wendy 7:30pm - 8:30pm

Sundays with Nadira 5:00pm - 6:00pm

**Cost:** \$3.00 per class. No bookings required.

## CHILDREN'S ACTIVITIES

### Cheeky Little Monkey's Playgroup

An easy going, friendly bunch of parents with cheeky little monkeys of preschool age. Develop friendships with other parents and bubs, share experiences and learn through play.

**When:** Tuesdays 2:30pm-4:00pm during school terms

**Cost:** \$2.00 per session & a piece of fruit

### Helping Hoops Dandenong

Weekly basketball sessions for children with a multicultural background. For more information go to [www.helpinghoops.com.au](http://www.helpinghoops.com.au) or call 1300 851 810

**When:** Wednesdays 4:30pm - 7:00pm **Cost:** Free

## ARTS & CRAFTS

**ALL DRAWING CLASSES ARE \$100 PER TERM PER STUDENT WHICH INCLUDES ALL MATERIALS**

### Drawing for Adults

Join Anthony Galea, local artist, for this course designed to take students of all levels through the creative process of drawing simple compositions.

**When:** Wednesday or Thursday 7:00pm-9:00pm

Term 1: 6th/7th February-27th/28th March

### Children Drawing Classes (Ages 8yrs +)

The beginners children course introduces students to the foundations of drawing in a friendly, creative environment. The intermediate class is designed for children with previous drawing experience.

**When: Beginners:** Tues or Wed 4:30pm-6:30pm

Term 1: 5th/6th February-26th/27th March

**Intermediate:** Thursdays 4:30pm-6:30pm

Term 1: 7th February-28th March

### All Abilities Drawing Classes with Toshi Handa

Drawing classes for people aged 15+ with a disability.

**When:** Wednesday 7:00pm-9:00pm

Term 1: 6th February—27th March

## COMMUNITY ORGANISATIONS

Noble Park Italian Elderly Citizens Club Inc. meet on Wednesdays and Fridays weekly to socialise from 11:30am to 3:30pm. They also hold special events for Easter, Mother's Day, Father's Day and Christmas.

Hungarian Senior Citizens Club Inc. meet every first and third Monday of each month for from 8:30am to 3:00pm. In addition, they hold special functions each year along with social activities, outings and lunches.

Xinjiang Chinese Association Inc. meet every Thursday from 11am to 3pm. Special cultural festivities are celebrated throughout the year.

Burmese Women's Friendship Group meet Thursdays 12pm-2pm. This group aims to promote health, development & wellbeing, build social networks, improve parenting practices, promote maternal and child health services, and links families to other services.

**Other Community Organisations that attend the Centre include:** Basketball at Kulturang PINAS Inc (BKPI), Bluebelles Volleyball Club, Chanh Dao Buddhist Youth Group, ERMHA Inc, The Bridge